

City of Kenmore, Washington
Suicide Prevention Awareness Month

PROCLAMATION

WHEREAS, September is recognized around the United States as National Suicide Prevention Month and is intended to help promote awareness of the prevalence of suicide and prevent suicides; and

WHEREAS, Suicidal thoughts can affect anyone regardless of age, gender race, orientation, income level, religion, or background; and

WHEREAS, The unintended outcome of the pandemic has been the loss of human connection and an epidemic of loneliness; and

WHEREAS, Hospitals and health professionals indicate that many of Washington's residents are experiencing significant mental and behavioral health crisis because of the ongoing pandemic, which has intensified isolation, difficulty engaging with virtual learning and working, and lack of regular in-person interaction with friends, mentors, and peers; and

WHEREAS, The City of Kenmore wishes to publicly support local educators, mental health professionals, athletic coaches, pack leaders, non-profits, police officers, and parents, as partners in supporting our community in simply being available to one another; and

WHEREAS, The City affirms and supports our local organizations like our partner, National Alliance on Mental Illness (NAMI) Eastside, are on the front lines of a battle that many still refuse to discuss in public, as suicide and mental illness remain too taboo a topic to speak on; and; and

WHEREAS, Every member of our community should understand that throughout life's struggles we all need the occasional reminder that we are all silently fighting our own battles; and

WHEREAS, We encourage all residents to take the time to inquire as to the wellbeing of their family, friends, and neighbors over the next few days and to genuinely convey their appreciation for their existence by any gesture they deem appropriate. A simple phone call, message, handshake, or hug can go a long way towards helping someone realize that suicide is not the answer.

NOW, THEREFORE, I, David Baker, Mayor of the City of Kenmore, on behalf of the City Council, do hereby proclaim **September** as **Suicide Prevention Month** throughout the City of Kenmore. **IN WITNESS WHEREOF**, signed this 26th day of July 2021.



Signed: _____

Attested: _____

Mayor David Baker

City Clerk Anastasiya Warhol